



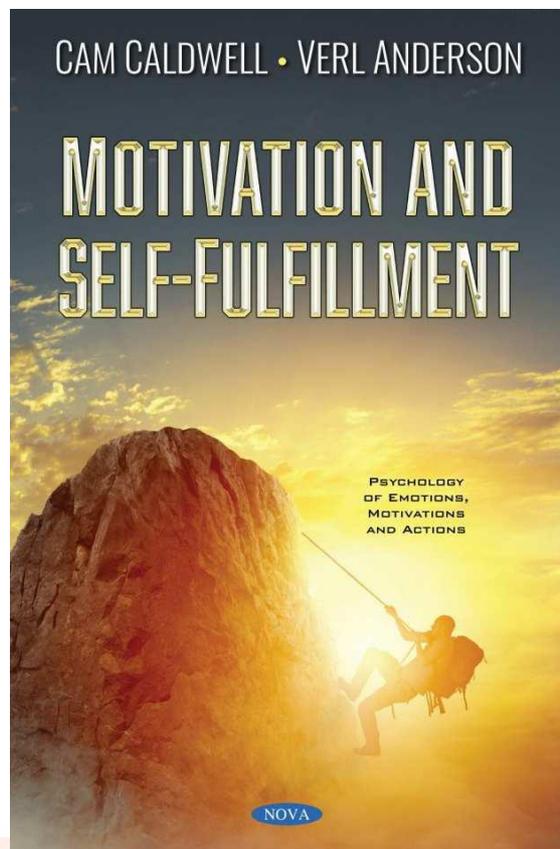
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PSYCHOLOGY

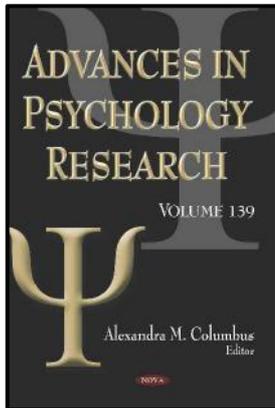


TITLES PUBLISHED BY NOVA SCIENCE

- Advances in Psychology Research
- Education in a Competitive & Globalizing World
- Giftedness: Identification, Assessment, Nurturing, & Treatment
- Health & Human Development Series
- Law, Crime & Law Enforcement
- Mental Illnesses & Treatments
- Psychiatry - Theory, Applications & Treatments
- Psychology of Emotions, Motivations & Actions
- Psychology Research Progress
- Social Issues, Justice & Status
- Women's Issues

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Advances in Psychology Research Volume 139

Edited by Alexandra M. Columbus

Advances in Psychology Research. Volume 139 opens with a review on the application of one version of social learning theory, expectancy theory, to dysfunctional human behavior. The expectancy theory is examined, explaining how individuals tend to choose behaviors for which they expect rewards or reinforcement and avoid behaviors from which they anticipate punishment.

A study is presented which demonstrates that heavy media-multitaskers have more efficient task-switching skills and process emotional information differently than light media multitaskers.

Following this, to investigate the issues leading parents and children aged 3-7 years to argumentative discussions during mealtimes, a data corpus of 30 video-recorded meals of 10 middle to upper-middle-class Swiss and Italian families with a high socio-cultural level is examined.

The pertinent covariates that are considered to predict the abstinence of substance addict rehabilitants are investigated and compared longitudinally. These covariates include: pro-abstinent self-efficacy, psychological distress, and pro-abstinent social networks.

The authors discuss different trajectories of panic, including when panic attacks develop into panic disorder. Proposed mechanisms underlying these developmental pathways are discussed, including anxiety sensitivity, distress tolerance, and intolerance of uncertainty.

Next, overview of the empirical and theoretical foundations of inhibitory learning is provided. The authors also discuss the clinical implications of inhibitory learning theory and review clinical research examining techniques based on inhibitory learning.

The current literature regarding intensive cognitive-behavioral therapy for panic disorders is reviewed in the context of their effectiveness relative to standard delivery formats. This is followed by addressing how intensive treatments uniquely address common barriers to accessing care.

This compilation also reviews the results of a complex survey that included the following diagnoses: non-communicable diseases and psychiatric disorders, measurement of intellectual faculties; and interviews regarding people's personal histories and the causes of homelessness in 114 homeless people living in Nagoya city, Japan.

The authors describe research-supported ways to promote housing and community integration, as well as research on stigma toward homelessness, including more recent findings that stigma toward homelessness may be decreasing.

In the closing study, students wrote their obituaries as part of an in-class project for the death and dying chapter of an aging and adulthood class. Instances of them

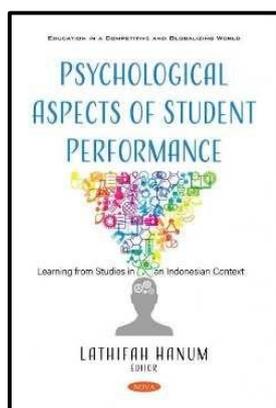
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Education in a Competitive & Globalizing World



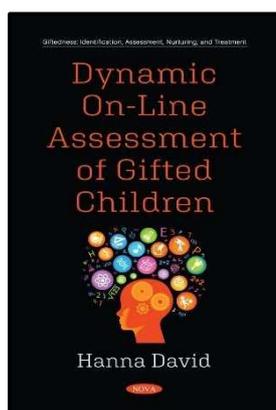
Psychological Aspects of Student Performance Learning from Studies in an Indonesian Context

Edited by Lathifah Hanum

The rise in global competition demands an increase in education quality. Education institutions are thus required to think more about how they can improve their student performances. One factor that has been found to play a vital role in increasing performance is psychological factors. While previous literature has extensively discussed this issue in Western contexts and some countries in Asia (e.g., Singapore and China), few extant works of literature attempt to understand it in Indonesian contexts. This book will attempt to fill the gap by discussing empirical evidence of the role of parent and peer supports, academic self-efficacy, performance goal orientation, college adjustment, cognitive process, self-control, psychological distress, differential feedback, and involvement in college organizations. Student performances are discussed in the various levels of educations, from primary schools to higher education.

PB 9781536168914 £87.99 April 2020 Nova Science Publishers 210 pages

Giftedness: Identification, Assessment, Nurturing, & Treatment



Dynamic On-line Assessment of Gifted Children

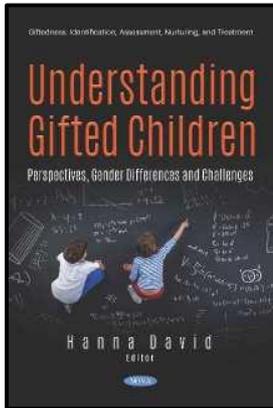
Hanna David

The book *DYNAMIC ON-LINE ASSESSMENT OF GIFTED CHILDREN* offers educators, counselors and parents of 3-16-year old gifted, talented, curious, and creative children and youths a new, original tool of assessing their interests and abilities. As this book has been published during the second wave of the covid19 pandemic, it concentrates on ways of assessment that can all function on-line as well. All offered activities have been tried both before “corona-time” started, when on-line therapy, let alone - on-line giftedness identification, was not practiced for children. The case studies presented in the book have all been written since March 2019, proved effective, enriching the knowledge of the counselor. They were also described as “easy”, “nice”, “pleasant” and “interesting” by the children involved, and thus are recommended as unlike formal identification they put no pressure either on the child or on her or his parents.

The first assessed child described is a 3-year old girl, who was identified as highly gifted in mathematics. The “game” played was “the geometrical shapes game”, during which she was asked “what do you want me [the counselor] to paint?” and then: “what color do you want me to use?” During the “game” the child showed a wide knowledge in both 2- and 3-dimensional shapes, she always insisted on using the exact mathematical terms, and each time she approved on the result she was very happy.

The next “games” described were all word games. In “The associations game” the counselor writes a word and the child adds another one without thinking, and this goes on alternately for as long as the counselor decides, depending on the child’s age, her or his attention span, level of hunger or thirst, etc. This “game” is suitable toddlers, kindergartners and first grader. The “ugly words game” is suitable especially for children with emotional and social problems. “Writing a story” is most suitable for kindergartners; it does not only reveal many important characteristics of the child but also enables them to express themselves freely, knowing that the story is imaginary. “Writing a story together” is the last suggestion for on-line assessment through a word game.

PB 9781536188097 £87.99 November 2020 Nova Science Publishers 149 pages



Understanding Gifted Children Perspectives, Gender Differences and Challenges

Hanna David

Understanding Gifted Children: Perspectives, Gender Differences and Challenges is about exploring and finding the best ways of matching educational and psychological means and methods for each gifted child. The book tries to help the reader understand the different educational, emotional or social needs of various gifted children, those considered “highly-gifted” and the others who are perceived as “mildly-gifted”; children who are interested in science and others who tend to the humanities or to arts; chess Olympic champions or child-musicians or actors.

The first chapter offers an extended case study of the early life of a gifted girl, born to an Orthodox family in the early 50’s: “my own life story from birth to adulthood. I describe the origins of my own giftedness, my educational and social path that helped me to become a giftedness expert in spite of all obstacles.”

The second chapter describes the different ways gifted education is applied in the educational systems of three German-speaking European countries, Germany, Switzerland and Austria, and offers ways to improve them.

Creativity is the subject of the third chapter; gender differences in creativity have been a major concern of hundreds of scholars - both feminists and giftedness researchers - for many decades. This chapter summarizes the most updated knowledge in this area.

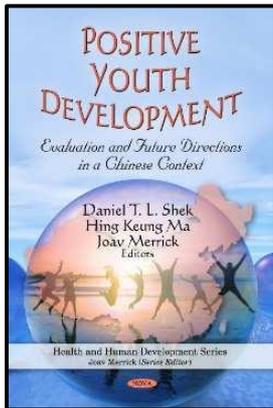
The fourth chapter is about gifted children with ADHD. The high occurrence of them stresses the need for more research and more case studies available to teachers, headmasters or mistresses, scholars, psychologists and psychiatrists. The chapter is a substantial contribution providing accessibility to such needed knowledge.

The fifth chapter is aimed primarily at teachers, but it can also be useful to mental health professionals. It unravels the innovative concept of future thinking, elaborating on the suitable learning space proposed for gifted and able students at elementary and secondary schools named LIFTS centers. It then addressed teaching-learning using a Multidimensional Curriculum Model (MdCM) explaining its conceptual framework, construction and components, thinking skills developed, and curriculum design.

The last chapter describes all families seeking my help for their gifted daughters in the year 2014. All girls described in this chapter had the opportunity to participate in gifted classes or other activities for the gifted, but most of them chose not to. This chapter is a “closing comparison” between the first chapter describing an Ultra-Orthodox girl whose family did not prevent her from doing what she wanted to in spite of social prejudices, financial difficulties, fears and even shame. Most girls described in chapter 6 had not materialized their potential due to lack of parental support needed in order to “have it their own way”.

PB 9781536171938 £87.99 March 2020 Nova Science Publishers 206 pages

Health & Human Development Series

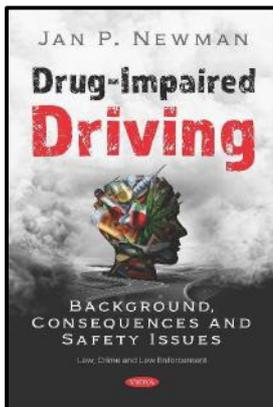


Positive Youth Development Evaluation & Future Directions in a Chinese Context Edited by Daniel Shek

With the growing adolescent developmental problems such as substance abuse, mental health problems and school violence, many primary prevention programs targeting specific adolescent developmental problems and positive youth development programs have been designed in the West. In contrast, there are very few systematic and multi-year positive youth development programs in Hong Kong. To promote holistic development among adolescents the Hong Kong Jockey Club Charities Trust approved a grant to launch a project entitled "P.A.T.H.S. to Adulthood: A Jockey Club Youth Enhancement Scheme" and invited academics of five universities to form a Research Team with the Chinese University of Hong Kong as the lead institution to develop a multi-year universal positive youth development program to promote holistic adolescent development in Hong Kong. Besides from developing the program, the Research Team also provides training for teachers and social workers who implement the program and carry out longitudinal evaluation of the project. This book highlights some of the latest research in the area of positive youth development.

HB 9781608768301 £247.99 September 2020 Nova Science Publishers 237 pages

Law, Crime & Law Enforcement

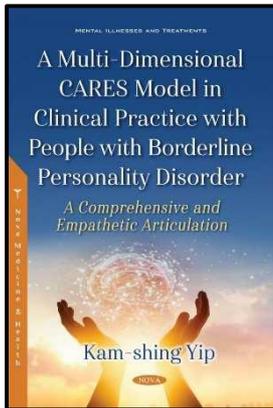


Drug-Impaired Driving Background, Consequences and Safety Issues Edited by Jan P. Newman

Everyone knows that driving while under the influence of alcohol is dangerous and unacceptable, and there are methods to identify and apprehend those who break the law. Unfortunately, the consequence of driving under the influence of drugs has not been raised until recently, and drugged driving presents new challenges to both law enforcement and health professionals. Amid the devastating opioid crisis and as more states legalize the use of marijuana, tackling this problem is now more important than ever.

HB 9781536171723 £211.99 February 2020 Nova Science Publishers 320 pages

Mental Illnesses & Treatments



A Multi-Dimensional CARES Model in Clinical Practice with People with Borderline Personality Disorder

A Comprehensive and Empathetic Articulation

Edited by Kam-shing Yip

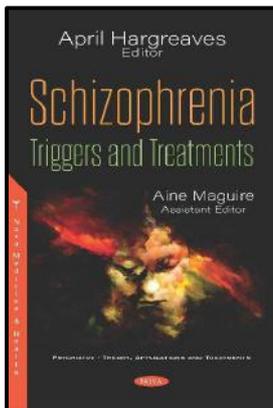
People with borderline personality disorder are always known as the most difficult client group to human service professionals. It is partly because of their highly fluctuating moods and relationships with others as well as their impulsivity and highly risky behaviors such as attempted suicide, self-harm behaviors and substance abuse. Coupled with these are a variety of co-morbid mental illnesses including depressive disorder, hysteria, anxiety disorder and brief psychosis.

This book begins with a comprehensive articulation of diagnosis and etiology of borderline personality disorder. Four borderline conditions are clinically identified; they are pre-borderline condition, full energy condition, low energy condition and post-borderline condition. Among these four conditions, many different types of manifestations are explored. A multi-dimensional articulation of different perspectives of borderline features are mentioned including trauma, attachment, self-splitting and emotionality.

Based on the writers' 30 years of clinical work and supervision of clients with borderline personality disorder, this book is the first step in integrating various clinical perspectives and constructs a comprehensive, empathic and multidimensional CARES model in intervention and practice. "C" implies "Companionship with Chronic Loneliness"; "A" means "Affective Concern behind Projective Anger"; "R" refers to "Reflection of Emotion, Responsibility and Empathy"; "E" implies "Evolving Real Self Constructively"; and finally, "S" means "Soothing and Healing Abandonment Trauma".

HB 9781536133219 £211.99 November 2020 Nova Science Publishers 330 pages

Psychiatry - Theory, Applications & Treatments



Schizophrenia

Triggers and Treatments

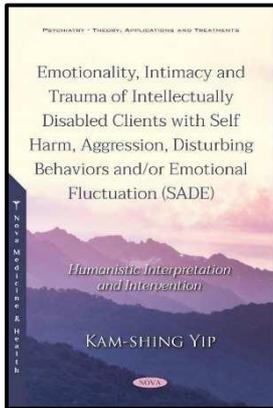
Edited by April Hargreaves

Schizophrenia: Triggers and Treatments is a series of texts that introduces the reader to some of the more recent advances in schizophrenia research. It is concerned with questioning the role of the immune system in the aetiology and course of the disorder, as well as investigating the efficacy of some of the available treatments for schizophrenia. Edited by a leading scholar in the field, and written by researchers at the cutting edge of these developments, each chapter provides details of original works and their theoretical and empirical impact.

The theme of cognition is prevalent throughout the book. As a core deficit in schizophrenia, cognition proves to be fundamental to both the mechanisms underlying the disorder, and the treatments used to alleviate symptomatology. It is evident in all subpopulations of schizophrenia patients explored in this collection - from those with early onset schizophrenia, to those being treated in forensic mental health services - and its importance throughout the lifespan of individuals with schizophrenia is highlighted.

With a focus on a practical understanding of schizophrenia, this book will be of value to all researchers, psychiatrists and therapists with a clinical or research interest in this subject.

HB 9781536169898 £211.99 February 2020 Nova Science Publishers 346 pages



Emotionality, Intimacy and Trauma of Intellectually Disabled Clients with Self Harm, Aggression, Disturbing Behaviors and/or Emotional Fluctuation (SADE) Humanistic Interpretation and Intervention

Kam-shing Yip

Intellectual disabilities have long been a concern for both practitioners and academics alike. With the introduction and advocacy of concepts to the public in recent decades, and the normalization and valorization of intellectual disabilities, humanistic concern has become the dominant trend in providing interventions and services for people with these issues.

Today, various ideas for societal inclusion of those with intellectual disabilities have been introduced. However, many practitioners and academics have criticized these ideas as idealistic, and in many ways, inapplicable for actual social inclusion of people with intellectual disabilities.

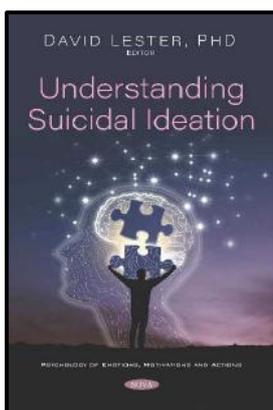
The situation is particularly serious regarding those intellectually disabled individuals presenting various forms of self-harm, aggression, disturbing behaviors, and emotional fluctuation (SADE: S =Self harm, A = Aggression, D = Disturbing behaviors, E = Emotional fluctuation). In many instances, social exclusion, labelling, punishments, deprivation of rights, physical restraints, as well as psychiatric medications are commonly used in controlling intellectual disabled clients with SADE.

A thorough understanding of intellectually disabled clients has revealed that their self-harm, aggression, disturbing behaviors, and emotional fluctuations (SADE) are closely related to their unfulfilled needs, developmental traumas, abuse, neglect, and abandonment in their lives. These individuals have problems in expressing their views and emotions, as well as having severe attachment needs.

Based on the writers' substantial experience, clinical practice, and supervision in working with intellectual disabled clients with SADE, this book is the first to formulate and consolidate the communication, emotionality, intimacy, and trauma based interpretation and intervention for intellectually disabled clients with SADE. This book provides methods for effective, humanistic, normalized, and integrated recovery of these individuals.

HB 9781536152807 £146.99 November 2020 Nova Science Publishers 217 pages

Psychology of Emotions, Motivations & Actions



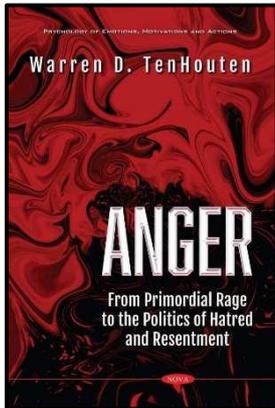
Understanding Suicidal Ideation

David Lester

Everyone who dies by suicide has thought about suicide prior to their action. Suicidal ideation is, therefore, one of the most important risk factors for suicide. This book explores and illustrates current research on this risk factor. There are reviews of selected aspects of suicidal ideation. Karolina Krysinska and David Lester review research on whether religiosity is a protective factor for suicidal ideation, while John Gunn reviews whether bullying is a risk factor.

Cathy Pederson reviews research on suicidal ideation in the chronically ill. Three research studies are presented: Mahboubeh Dadfar on mattering as a protective factor in Iranian psychiatric patients, Jenny Huen and her colleagues on correlations of suicidal ideation in Chinese students, and Steven Stack on suicidal ideation in men who have been raped. The content of suicidal ideation is discussed by James Overholser and his colleagues, and Jennifer Laffier presents examples of suicidal communications in social media. Finally, Frank Bailey presents two case studies of individuals in which their suicidal ideation is presented in the context of their life histories. The chapters illustrate the importance and the complexity of suicidal ideation and its role in leading to suicidal actions.

HB 9781536169997 £146.99 February 2020 Nova Science Publishers 234 pages



Anger From Primordial Rage to the Politics of Hatred and Resentment

Warren D. TenHouten

This work explores and analyzes anger. We examine it as a single emotion, and as it commonly occurs in combination with other emotions in complex social relationships that often involve power dynamics. We utilize Robert Plutchik's primary-emotions classification to hierarchically categorize anger and other basic and complex emotions, and we compare constructivist and basic-emotion theories of emotion. We conceptualize the primary emotions--including anger--as prototypical adaptive reactions to key existential problems: temporality, social identity, exchange, and hierarchy; these are represented by the elementary social-relations models, communal-sharing (CS), equity-matching (EM), hierarchical-ranking (HR), and socioeconomic-exchanging (SE). Basic emotions are adaptive reactions to these social-relations models: positive and negative experiences of CS yield joy-happiness and sadness-grief; EM, acceptance/incorporation and disgust/rejection; HR, anger and fear; and SE, anticipation and surprise.

Anger is uniquely reactive to both positive and negative experiences of social power.

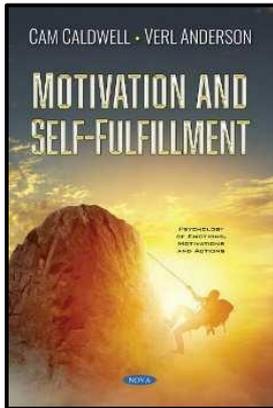
Anger is typically elicited by a perceived threat to the self or to the self's project to preserve or attain valued status, resources, or goals. Anger triggers activate a three-stage sociocognitive appraisal process in which the self: (i) perceives that its social position or valued resource is at stake; (ii) endeavors to modify another actor's social intentions concerning norms of social sharing and social cohesion; and (iii) develops an intention act.

We examine emotions in power-based social relations and define secondary emotional pairings that include anger. We conceptualize a pride-shame system, wherein the emotions of pride (an angry joy) and shame (a fearful sadness) accompany outcomes of success and failure in dominance competitions. We also consider the aggression-alarm system, comprised of aggressiveness (anger and anticipation, and alarm (fear and surprise).

We identify two potentially toxic, complex emotions--hatred and resentment--as the essential political emotions. Both share anger as a key component, and also include contempt. While anger-rage is central to hatred, hatred is significantly different for it can be harnessed for pernicious ends, becoming an expression or instrument of power; resentment is more typically an emotion of the powerless, arising as a reaction to unjustified suffering.

We link anger, hatred, resentment, and other emotions to contemporary United States politics, particularly to competing political ideologies of globalism-neoliberalism, democratic socialism, and nationalism-populism. Globalists' anger includes disgust, even hatred--directed toward opponents of neoliberal economic globalization. Democratic socialists' and populists' anger can advance from helpless, Nietzschean resentment, to a forceful resentment. This process is characterized by an inversion of the four primary emotions of powerlessness (acquiescence, fear, sadness, expectation) into the opposite emotions of empowerment (disgust, anger, joy, and surprise). We hypothesize a parallel inversion of the secondary-level emotions of powerlessness (submissiveness, anxiety, resentment, pessimism, fatalism, and shame) into the opposite secondary emotions of empowerment--contempt, outrage, derisiveness, delight, shock, and pride.

PB 9781536184532 £100.99 October 2020 Nova Science Publishers 278 pages



Motivation and Self-Fulfillment

Verl Anderson

The idea that motivation is largely an internally generated desire is sometimes new to individuals. Traditional thinking held by a large portion of the population is that leaders motivate others within organizations, and motivation is impacted predominantly by external incentives that are created to encourage others to conform and comply with desired performance standards. Although many leaders, managers, and supervisors may believe that it is part of their job description to motivate their followers, the opinion of many experts is that motivation is largely an internally-generated choice made by each individual.

If it is true that motivation is primarily internally generated, perhaps this book should then be accompanied by a “Warning Label” that reads, “Caution! This book may influence your thinking and change your assumptions about yourself!” In fact, the primary purpose of this book is to “hold up a mirror” so that readers may, if they so choose, reflect on themselves and the factors which motivate them individually. If motivation is both individual and highly personal, then it behooves each one of us to thoughtfully undertake a self-assessment process to understand more fully how we are motivated, inspired, and influenced in our daily lives.

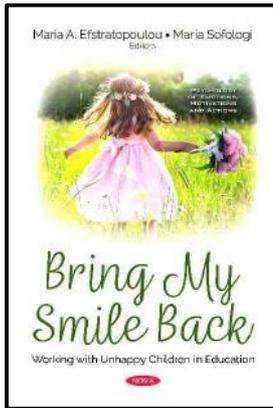
Throughout this book, we cheerfully admit that we challenge assumptions of “conventional wisdom” that are often held by the average person. Much of what we think we know needs to be confirmed or disconfirmed in this world and there is no better place to validate what we actually know than with our efforts to understand ourselves. The theme of this book is clear and straight forward. “Each individual is far more capable of accomplishing great things than he or she can even imagine - and understanding our own identity can enable us to more completely honor our potential.” That’s the main idea of this book - and we think it’s both a powerful message and a worthy subject to study and understand for every person who picks up this book or who accesses it online.

There are very few simple issues in life, and certainly the complex nature of each person’s world is no exception. The effort that individuals make to understand what matters most in their lives is rarely consciously undertaken - or compared with how those individuals actually invest their time each day. In this book we address why individuals make so many of the errors associated with self-deception, cognitive dissonance, and downright personal dishonest or lying to oneself. More importantly, we also address how readers can reflect on those common practices and make the decision to change dysfunctional patterns and self-defeating behaviors that cause so many people to underperform in life.

If you wish to gain a clearer understanding of yourself and the degree to which your actions are inconsistent with what you think matters most, then perhaps this book is just what you have been looking for. We encourage each reader to make the personal investment to examine each chapter of this book and determine how its contents can change their life. Our promise to you is that this book and its contents can help you to have a clearer understanding of yourself, your habits, your inconsistencies, and your values. The contents of this book contain principles, guidelines, and concepts that you can ponder, test, and evaluate - and our commitment to you is that you will become a more enlightened and insightful person if you incorporate the ideas suggested herein.

So . . . we hope that you choose to be motivated - that you make the affirmative choice to read the pages of this book, to contemplate its message, and apply its insights. That decision to invest in yourself can enable you to live a more fulfilling life, have more meaningful relationships with others, and be more successful in accomplishing your personal and professional goals. The decision to be motivated to read this book is yours. We hope you will find this book to be a useful resource and that its contents will bless your life.

HB 9781536183726 £178.99 August 2020 Nova Science Publishers 273 pages



Bring My Smile Back Working with Unhappy Children in Education

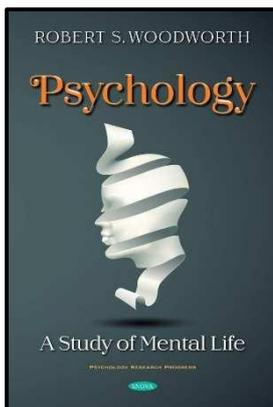
Edited by Maria A. Efstratopoulou

Comforting touch reduces reaction to stress, develops sense of empathy and helps impulse control. Free play outdoors helps develop social capacities and reduces aggression. A number of caregivers, besides mothers, influence the development of empathy, child's IQ and ego resilience. We are aware that we are lacking on all these fronts and in most cases there is not much we can do about it. Small, nuclear families, two working parents, urban lifestyle and a huge influence media has on children development leaves very little that teachers and parents can do to affect children's development and happiness.

Most children do not know the meaning of empathy. Compassionate, moral behaviour is considered 'uncool.' Scientists believe that the problems are in the strange cultural and social practices of our modern life, particularly in the way we raise our children. This book aims to explore the crucial link between emotions, wellbeing and learning and the wider social factors affecting children's happiness. The authors draw from a range of experience, examples, case studies and educational approaches to present this engaging text on children's wellbeing and emotions. Focusing on children's happiness more than on their academic achievements and positive behaviour, this book puts Children's Smiles at the heart of teaching!

HB 9781536172775 £178.99 April 2020 Nova Science Publishers 255 pages

Psychology Research Progress

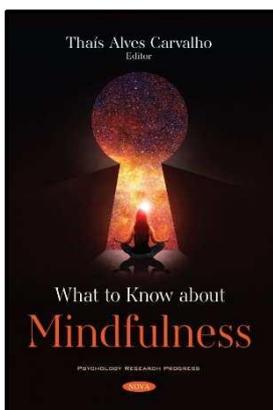


Psychology A Study of Mental Life

Edited by Robert S. Woodworth

Modern psychology is an attempt to bring the methods of scientific investigation, which have proved immensely fruitful in other fields, to bear upon mental life and its problems. The human individual, the main object of study, is so complex an object, that for a long time it seemed doubtful whether there ever could be real science here; but a beginning was made in the nineteenth century, following the lead of biology and physiology, and the work of the investigator has been so successful that there is quite a respectable body of knowledge to assemble under the title of scientific psychology. *Psychology: A Study of Mental Life* by prominent psychologist Robert S. Woodworth is an introduction into scientific psychology.

HB 9781536186451 £211.99 December 2020 Nova Science Publishers



What to Know about Mindfulness

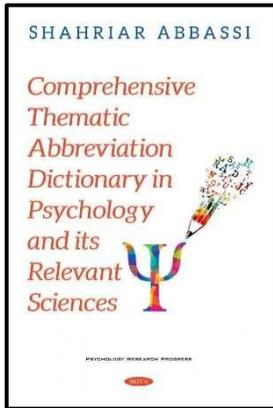
Edited by Thaís Alves Carvalho

Neurobiology and related disciplines, such as neuropsychology, analyze the relationship between our behavior and the brain. As such, *What to Know about Mindfulness* opens with a review on the relationship between the practice of mindfulness and compassion and the changes that they produce at the brain level.

The authors comprehensively study mindfulness-based psychotherapies and related research, and generally refer to mindfulness techniques and their applications. Additionally, a definition for mindfulness is provided, and the strengths and challenges of using mindfulness for mental wellness are described.

Mindful-compassion programs for adolescents that may promote positive mental health outcomes and emotional resilience to protect against the challenges of adolescence are explored.

PB 9781536186208 £87.99 October 2020 Nova Science Publishers 155 pages



Comprehensive Thematic Abbreviation Dictionary in Psychology and its Relevant Sciences

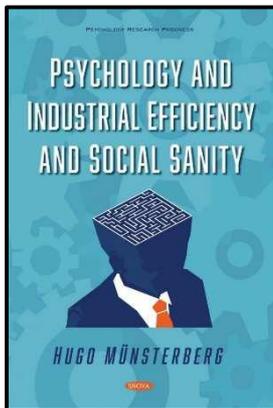
Shahriar Abbassi

This manuscript includes all generally used and professional abbreviations and acronyms in Psychology and its branches like Analytical, Clinical, Cognitive, Educational, Emotional, Family, Forensic, General, Human, Individual, Industrial, Sexual, Social, and Sports Psychology and also its related fields of science and practice, for example : Addiction, Behavioral Science, Counseling, Psychiatry, Psychotherapy, Hypnosis, Neurology, Neuroscience, Social Work, Psychosomatic Medicine, Mental Health & Hygiene, Sociology and Parapsychology. Geographical Considerations - relevant abbreviations in other European languages and Psychology Abbreviations usually used in English- Speaking Countries - have been added too. It is an extensive Abbreviation Dictionary with thematic classification of about 400 Entries (Chapters). The book also includes an additional section titled “ Concise List of Psychology Terms” (Psychological Terminology) at the end of it.

The main remarkable and probably innovative specifications of the book are as follows:

1. Comprehensiveness, Breadth and Variety of Content
2. Thematic Classification (based on subjects)
3. Entries (Chapters) in other European Languages and Countries

HB 9781536184310 £412.99 November 2020 Nova Science Publishers 1179 pages

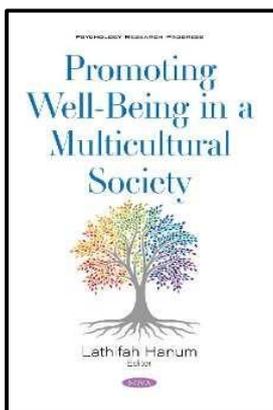


Psychology and Industrial Efficiency and Social Sanity

Edited by Hugo Münsterberg

Psychology and Industrial Efficiency and Social Sanity contains a compilation of 2 books by Hugo Münsterberg, a German-American psychologist. Book 1, *Psychology and Industrial Efficiency*, addresses many different topics that are very important in the field of industrial psychology. This book is split into three parts, each dedicated to an aspect of industrial psychology: finding the right employee for the job, procuring the best performance of the job, and obtaining the most effective end result. Book 2, *Psychology and Social Sanity*, discusses how brain patterns can differ in social situations and how people think differently.

HB 9781536182200 £211.99 July 2020 Nova Science Publishers 301 pages

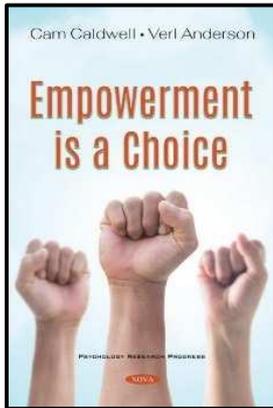


Promoting Well-Being in a Multicultural Society

Edited by Lathifah Hanum

Human life is like a color spectrum. More than merely physiological mechanism, it also involves cognitive, emotional, social, and cultural processes. The complexity of human life also requires a good understanding of such various processes. Therefore, each perspective from the different dimensions will contribute significantly to our scientific efforts to understand and, hopefully, to solve our daily problems. We have selected various interesting studies that might offer new psychological insights into human life. This book will give a new perspective on promoting well-being in every aspect of human life. Several studies employ different psychological perspectives while addressing similar issues. Hopefully, this book can help all psychologists and psychological practitioners in understanding human behavior in the Indonesian context.

HB 9781536168907 £211.99 April 2020 Nova Science Publishers 398 pages



Empowerment is a Choice

Verl Anderson

The desire for the power to control the conditions in one's life is a basic need possessed by virtually everyone. Power is sometimes associated with the desire for personal safety. It is also referred to as closely associated with free will, the ability to choose, and the degree to which a person can influence others. In individualistic societies, personal power is a primary value of the culture and is considered more important than the priorities of the group.

This book is about "power with" rather than "power over" others - but also addresses power within oneself. We have written with the intent to help leaders to more effectively empower others within their organizations - but we have focused as well on the critical importance of self-empowerment and the ability of individuals to take control of their own lives to become the best persons that they can be.

It is painfully evident that today's leaders have failed badly at empowering their employees - resulting in relationships that are frequently strained and generating employee commitment that is often "marginal" at best. Worldwide, empowerment and employee engagement are both low and employees have lost trust for leaders in organizations of all types.

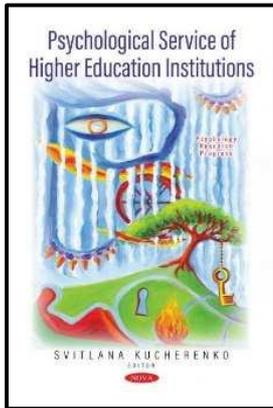
The inability of organizations to engender employee commitment and extra-mile performance detracts from the ability of companies to compete in today's global environment - but "old style" command and control management policies nonetheless prevail in many companies - to the detriment of the companies, their customers and employees, and to society at large.

Self-empowerment is equally a problem. Employees who wish to grow and progress on the job are common - but 70% of all employees today report that they are actively looking for a new job and many have a low regard for their companies and their companies' leaders. Opportunities for growth are often diminished as managers and supervisors fail to involve their employees in decisions critical to their companies' success. Yet the status quo prevails.

We focus not only on employee self-empowerment but on the personal self-development that many individuals yearn for as they strive to "find their voice" and become the best possible version of themselves. We cite scholars from a broad variety of disciplines in offering their wisdom and add recommendations that can help individuals to acquire the traits and qualities so important to self-improvement.

We encourage the readers to invest their time and effort to not only reading this book but to reflecting on its insights. Our intention is to help every reader to discover within themselves abilities and opportunities beyond their expectations as they strive to achieve the success that empowerment and self-empowerment make possible.

HB 9781536183450 £178.99 August 2020 Nova Science Publishers 276 pages



Psychological Service of Higher Education Institutions

Edited by Svitlana Kucherenko

At the present stage of development of the higher education system, psychological support of students' professional development is relevant and necessary. It will improve the quality of their training as future specialists. There is a need for a holistic approach to providing psychological support for all participants in the educational process of the University: students, their parents and teachers.

There are few scientific publications on modern psychological service in education. First of all, because this topic is more likely applied than theoretical or methodological. However, this book discloses the issues and problems of the theory and methodology of psychological service in educational institutions. The authors of the monograph relied on the model of analysis of mental development proposed by N. Semago and M. Semago, thanks to which it becomes possible to analyze the key moments of changes (transformations) of mental development systematically, distinguishing between "natural" (phenomenological level of research) and "higher" mental formations (causal level).

Psychological development of the students' personality in higher schools in the educational environment (E. Ponomareva, O. Rudakova), organization of the university psychological service (L. Bura, Y. Zalevskaya), successful adaptation of high school students as a necessary condition for their acmeological development (L. Bura).

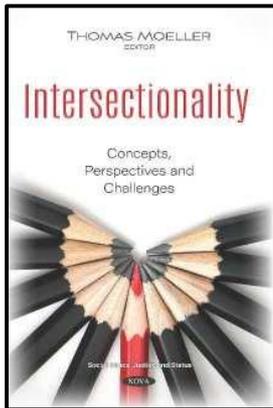
In addition, the results of empirical studies on career orientations, (S. Kucherenko, T. Pavluk), attention features (E. Brunner) and value orientations of Internet addicted students (I. Sultanova, O. Shutova) are presented. The chapter about B. Hellinger's systemic constellation as a method of research for an aesthetic object by V. Vynohradov and E. Brunner stands out somewhat separately.

A valuable contribution to the practice of organizing a modern psychological service of a higher educational institution with psychological specialties was made by the chapter «Advanced psychodiagnostics of first-year students as a factor in the effectiveness of teaching at a university» (M. Latysheva, E. Brunner). Authors suggest using the technology of deep psychological diagnostics in working with first-year students to carry out a comprehensive assessment of personal characteristics and the actual mental state of each of them. The author recommends using these results to develop a program of individual educational route of the student, and, if necessary, to determine the ways of the most effective corrective work at the initial stage of professionalization. Also the basic components of psychological counseling as one of the important areas of work of practical psychologists are analyzed. The review of theoretical sources on the problem of psychological education in the system of psychological support of students in institutions of higher education is presented. It is concluded that psychological education can be effectively implemented only by being integrated into the general system of the educational process at the University. The importance of psychological correction for students of the specialty "Practical psychology" is emphasized, since it is important to identify their personal problems with the presence of tendencies to psychological death, a sense of inferiority and a tendency to psychological damage.

The personal problem is not recognized by the subject, so it is quite difficult to solve it. This is possible with the qualified help of a psychologist who helps to detect the personal problem in its deep psychological essence and transfer it from the implicit level to the explicit one. The subject, as a rule, is aware only of the consequences of having a personal problem (anxiety, tension, increased aggression, etc.), but not its causes. This leads to the fact that many students of the faculty of psychology subconsciously seek rather psychological help, than acquiring professional knowledge and skills in the field. Such people are recommended to undergo psychological correction in full, which optimizes their personal potential.

HB 9781536181609 £146.99 July 2020 Nova Science Publishers 252 pages

Social Issues, Justice & Status



Intersectionality Concepts, Perspectives and Challenges

Edited by Thomas Moeller

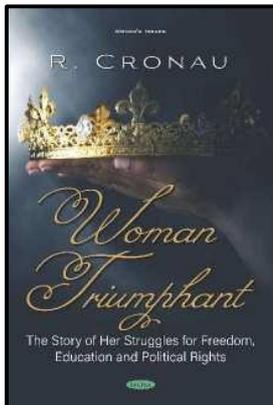
Intersectionality: Concepts, Perspectives and Challenges first presents a study wherein two students, one male and one female, were interviewed about their transition from a historically black college and university undergraduate program to a predominantly white institution for their graduate studies in biochemistry. The students had similar undergraduate experiences and both shared feelings of isolation, the drawbacks of academic rigor in graduate STEM programs, and the need to represent both themselves and their race.

Next, the authors explore narrative responses of bisexual Latinx women and, through an intersectionality lens, adapted the minority stress model to include their experiences. This study further supports the need for intersectional minority stress research and a necessary focus on sexually marginalized bisexual Latinx women.

The closing chapter summarizes the way in which intersectionality has been at the center of both feminist debates and the theory of gender. In the United States, Canada and Europe, it has achieved a hegemonic status strengthened by its multiple possible applications.

PB 9781536171105 £75.99 January 2020 Nova Science Publishers 152 pages

Women's Issues



Woman Triumphant The Story of Her Struggles for Freedom, Education and Political Rights

R. Cronau

Although it is a fact that man owes innumerable benefits to woman's care, devotion, and mental initiative, it is also true that through egoism and self-conceit he has never appreciated woman's work and achievements at their full value. On the contrary: while she was giving all and asking little, while she shared with man all hardships and perils, she was for thousands of years without any rights, not even as regards her own person and property. The book gives an account of woman's evolution, of her enduring and trying struggles for liberty, education, and recognition.

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